



Purposeful Engagements: Supporting Young Learners With Meaningful Interactions and Intentionality

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Critical Social-Emotional Skills to Support School Readiness

(as found in Zero to Three's *Before the ABCs: Promoting School Readiness in Infants and Toddlers*)

Confidence

Curiosity

Intentionality

Self-control

Relatedness

Capacity to communicate

Cooperativeness

S E A L

Stimulus (any sensory provocation)



Emotion (positive or negative)



Attention (positive emotions drive executive functions—negative emotions drive survival)



Learning (the response to the attentional variant)

(adapted from Robert Sylwester's *A Biological Brain in a Cultural Classroom*)