



Who Says It Can't Be Fun?

Mixing It Up With Music



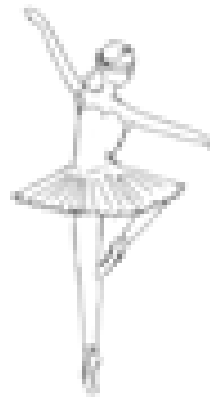
People who have learned to play music—at any point in life, including young childhood, enjoy brain benefits that last a lifetime. *Journal of Neuroscience* 11/2013



How Can I Move There?



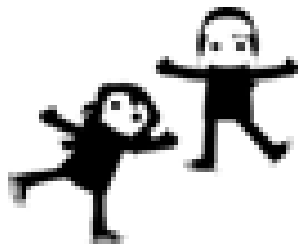
Bird - Fly



Dancer - Twirl



Squirrel - Climb



Skater - Slide



Frog - Jump



Child - Walk

SVA is the ability to stay focused on relevant visual input and keep other input suppressed. It is critical for learning.



SVA improves significantly after an acute session of aerobic exercise.

The improvement was greater for children from low income families

Tine & Butler 2012

Maerobics is a fun way to work on this!

SVA is selected visual attention

The number one indicator someone
will be successful is
good communication skills

The steps to getting there are:
Listening/Speaking



Reading

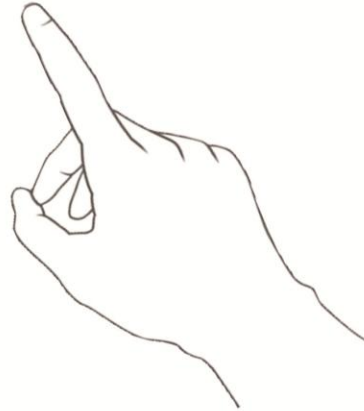


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Writing



Drawing in the Air!



**Fine motor skill easier after
Gross motor movement**

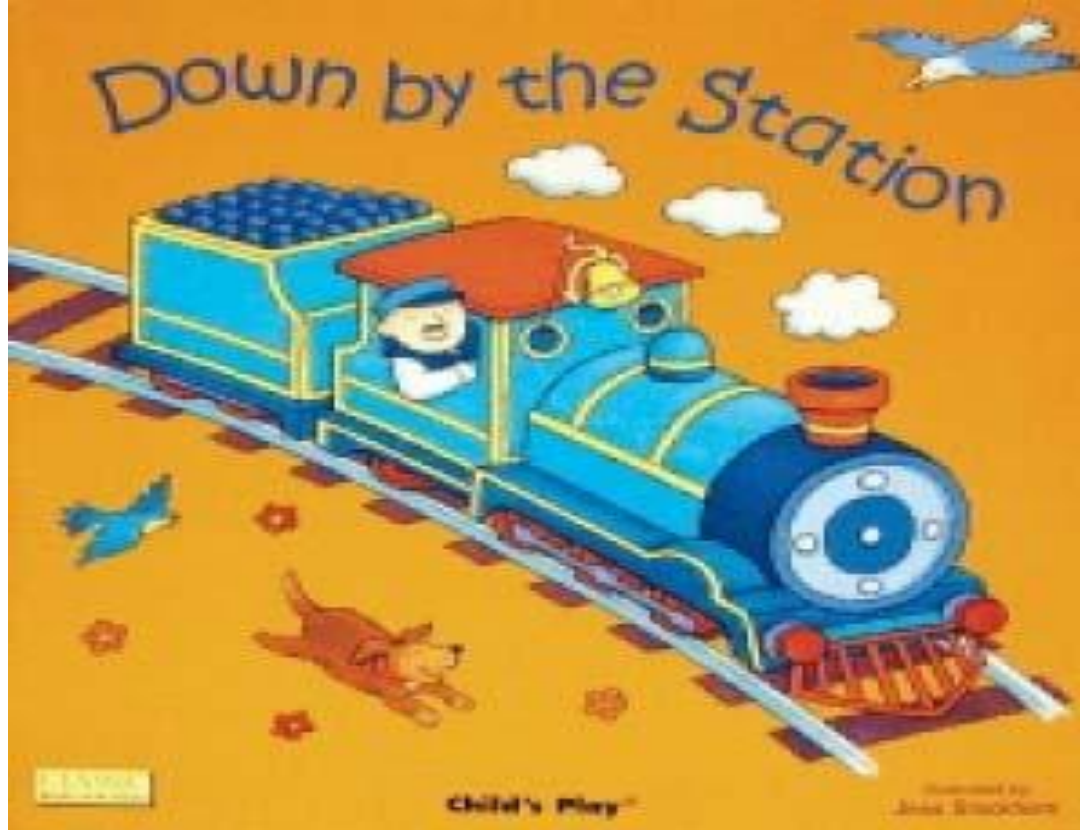
An excerpt from Harvard Medicine - Winter/Spring 2014

“Since the mid 20th Century, there has been a decline in the time allowed children for free play. During this time, psychiatrists have tracked in children a rise in narcissism, depression, anxiety and feelings of helplessness. The move from free-ranging childhoods to more structured school environments, less time for recess or play, and a greater number of organized extracurricular activities for even the very young may also be stunting the rising generation’s ability to think creatively and solve problems.”

This makes me sad. How about you?

This includes Music Lessons. Let them play. Even with the sound of the instruments. Lessons later!





Chuff Chuff Chuff
Brmm Brmm Brmm

Chug Chug Chug
Beep Beep Beep

Honk Honk Honk
Nee Nor Nee Nor

And,
off
we
go!

Cookie Mouth Sounds

Ah!
Look at the cookie in my sight!



Ah!
I want to take a bite!



Sh!
I'll be quiet as I chew



MMM!
That tastes
so good!

Sh!
That's kind of hard to do!



MMM!
I knew it would

I love to **Eat**
something
sw**EEt**



OOH!
I need something
to wash it down



OOH!
Liquid to
swish it around

SSS!
Sip some milk from a cup



SSS!
Sip it all up

Ah!
No more cookie in sight



Ah!
Because I took a bite

A BIG bite!





Habitat Scat



Habitat Scat. Habitat Scat

What's my habitat?

Scoot. Skit. Skat.

Dittle doodle diddly wah

Dit. Dit. Dat.



ELEPHANT



BLACK BEAR



ALLIGATOR

What's my habitat?



WHALE



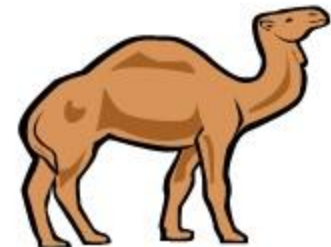
HERON



TIGER



SLOTH



CAMEL



DESERT



FOREST



RAINFOREST



MARSH



WETLANDS



SAVANAH



MOUNTAINS



JUNGLE



SEA



ELEPHANT



BLACK BEAR



ALLIGATOR

**I'll name an animal
Tell me what
it's habitat will be**



WHALE



HERON



TIGER



SLOTH



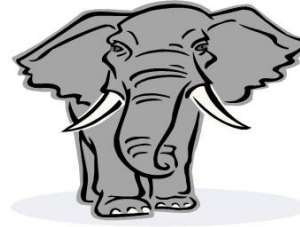
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BLACK BEAR



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SAVANAH



WHALE



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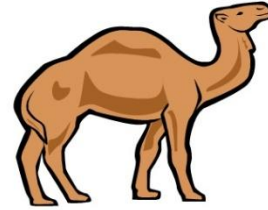
JUNGLE



SLOTH



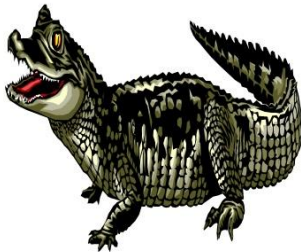
RAINFOREST



CAMEL



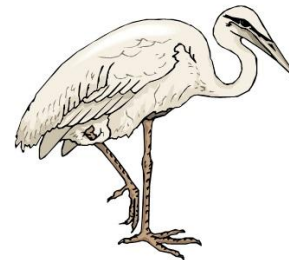
DESERT



ALLIGATOR



WETLANDS



HERON



MARSH



Teacher **Music**
with **Mar!**
Tip
Tuesday

Tommy Turkey
Fun

Just look at the smiles

Following Directions

Body

Parts

Repeat of sequence

Creativity - Confidence



Stop Sounds

B D G H

J K P T

Big Boy **Dig Dog**

Go Girl **Hug Him**

Jump Joy **Kiss Kid**

Pink Pig **Tap Toe**

Sounds of Our Letters

Force

Force is the push or pull that makes things go

Gravity pulls things to

the

ground

Speed is moving FAST or moving slow

Up &
Down

Back &
Forth

S
t
r
a
i
g
h
t

or

AROUND



Teacher Tip Tuesday

Show Me How You Move
(to the letters)

Moving puts concept in
muscle memory and
improves comprehension



Explore ways
to move

**Builds
Vocabulary**
Intro to
Musical
Genres



The Boy Who Liked to Move



I like to bounce!

Steady Beat --

Reading Proficiency

I Like to Spin
Vestibular stimulation



I Like to walk Backwards

Balance

Coordination



Contact Mar. by e-mail,
mar@musicwithmar.com



For more information about the
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You can also watch videos on YouTube

Listen on Spotify, and even ask Alexa!

Music at the libraries through **HOOPLA**